



# 23<sup>TH</sup> INTERNATIONAL SPRING TOURNAMENT IN ACROBATIC GYMNASTICS TO COMMEMORATE HENRYK CHMIELEWSKI ŚWIDNICA, 15th – 17th March 2019

## DIRECTIVES

### DATE

15th – 17th March 2019 r.

### VENUE

Poland, Sports Gym OSIR, Galla Anonima Street 1a, 58-100, Świdnica (Osiedle Zawiszów)

### ORGANIZER

MKS POLONIA ŚWIDNICA 58-100 Świdnica, Pionierów Street 29  
Tomasz Idziak mobile: +48 796 180 812 e-mail: [t.idziak@akrobatyka-swidnica.pl](mailto:t.idziak@akrobatyka-swidnica.pl)  
[www.facebook.com/akrobatykamkspolonia](http://www.facebook.com/akrobatykamkspolonia)

### COORGANIZER

SPORTS ASSOCIATION „ALTIUS” WROCŁAW  
CITY HALL IN ŚWIDNICA  
POLISH GYMNASTICS ASSOCIATION

### TOURNAMENT PATRONAGE

PRESIDENT OF ŚWIDNICA CITY – Beata Moskal - Słaniewska

### TOURNAMENT PROGRAMME - PROJECT

- 15.03.2019 (Friday):** Open training (from 10:00-18:00)  
Head of delegation, judges and coaches meeting (from 19:00-20:00)
- 16.03.2019 (Saturday):** Qualification; Opening ceremony
- 17.03.2019 (Sunday):** Finals; Awards ceremony

### The best units qualifictce to the finals:

- If there are 1-6 units, the best 4 go to the Final
- If there are 8-11 units, the best 6 go to the Final
- If there are 12-19 units, the best 8 go to the Final
- If there are 20 or more units, the best 12 go to the Final

### AGE CATEGORIES

There will be 5 disciplines:

- WP, MP, MIX, WG and MG

according to the FIG rules in four age categories and additional in YOUTH categories:

- YOUTH
- AGE GROUP 10-16
- AGE GROUP 11-18
- AGE GROUP 12-19
- Senior (min. 14 years old)

Each athlete may compete in one discipline only and in one age category only.

### Main rules for Youth:

**Pairs:** 2 balance elements from Compulsory Elements for Age Group 11-16 + one optional balance element from Tables





# 23<sup>TH</sup> INTERNATIONAL SPRING TOURNAMENT IN ACROBATIC GYMNASTICS TO COMMEMORATE HENRYK CHMIELEWSKI ŚWIDNICA, 15<sup>th</sup> – 17<sup>th</sup> March 2019

of Difficulty FIG and 2 dynamic elements from Compulsory Elements for Age Group 11-16 + one optional dynamic element from Tables of Difficulty FIG.

**Groups:** 1 balance pyramid from Compulsory Elements for Age Group 11-16 + one optional balance pyramid (optional pyramid may be chosen from the same category as compulsory pyramid) from Tables of Difficulty FIG (only 2 static 3' holds) and 2 dynamic elements from Compulsory Elements for Age Group 11-16 + one optional dynamic element from Tables of Difficulty FIG.

**Individuals:** 2 elements cat. 1 + 2 elements category 2 must be perform (**salto is compulsory**)

## ACCOMMODATION

Team accommodation you need to book through website ITDSport together with provisional entry. We have limited places.

1. Hotel RED BARON \*\*\* ul. Lwa Tołstoja Street 2, 58-100, Świdnica - 35 €/per person/per night (about 2,5 km from the venue)
2. Hotel POD WIERZBAMI \*\*\* ul. Częstochowska Street 1, 58-100, Świdnica - 35 €/per person/per night (about 2,6 km from the venue)
3. Hotel SPORTOWY \*\* ul. Śląska Street 31, 58-100, Świdnica - 25 €/per person/per night (about 4,2 km from the venue)
4. Tourist House OSiR ul. Śląska Street 37, 58-100, Świdnica - 25 €/per person/per night (about 4,4 km from the venue)
5. School Youth Hostel ul. Kanonierska Street 3, 58-100, Świdnica - 25 €/per person/per night (2 km from the venue)
6. Boarding House of The Mechanic School, ul. Władysława Sikorskiego Street 41, 58-100, Świdnica - 25 €/ per person/per night (about 2,5 km from the venue)

Organizer will not provide local transport.

## ENTRY FEES

1. Each team is responsible for its travel costs.
2. Entry fee 20 € per athlete.
3. Withdrawal athlete after deadline 28.02.2019 without medicine certificate – penalty 20 €.

Paid to the organizer's bank account or paid cash during accommodation

Bank account: SANTANDER 80 1090 2369 0000 0001 3014 5907  
MKS POLONIA ŚWIDNICA, Pionierów Street 29, 58-100 Świdnica

## ENTRIES

Competition entries should be done by internet system:

**DEADLINE 16.02.2019 up to an hour 23:59, <http://rejestracja.itdsport.pl>  
(ANY CHANGES DEADLINE 28.02.2019 r)**

for login and password please ask through [kontakt@itdsport.pl](mailto:kontakt@itdsport.pl) (there should be your name, name of the club for which you need access). **In case of any problems with entry please contact with Dawid Kuś or Daniel Woźniak.**  
You find all contacts on website: [www.itdsport.pl](http://www.itdsport.pl)

Music files in MP3 format please send to **11th of March 2019** to the e-mail [waldemarkurek@wp.pl](mailto:waldemarkurek@wp.pl).  
Deadline and e-mail address for tariff sheets will be known later.





# 23<sup>TH</sup> INTERNATIONAL SPRING TOURNAMENT IN ACROBATIC GYMNASTICS TO COMMEMORATE HENRYK CHMIELEWSKI ŚWIDNICA, 15th – 17th March 2019

## INSURANCE

Each team should have their own adequate insurance coverage. Each athlete needs current medicine certificate for accreditation.

Organizer provided first aid service during competition 15-17.03.2019 r.

## JUDGE

All participating federations must provide at least 1 judge in good standing for ACRO. All judges must participate in judges meetings. Judge is obligatory – 200 € penalty fee.

## AWARDS

1. Medals for 1-3 places
2. Diplomas for everyone
3. There will be also clubs awards.

place ->	1	2	3	4	5	6 and futher places
points ->	16	13	10	7	4	1

## ACCREDITATION

15.03.2019, from 12:00-18:00

Sports Gym OSIR, Galla Anonima Street 1a, 58-100, Świdnica (Osiedle Zawiszów)

  
President of Management  
MKS Polonia Świdnica  
Tomasz Mojsa

