

Newsletter nr 2

1. Komitet Techniczny Akrobatyki Sportowej FIG ustalił nowe terminy imprez światowych:
 - a. 11 Światowe Zawody Grup Wiekowych odbędą się w terminie od 9 do 15 czerwca 2021 roku w Genewie - Szwajcaria;
 - b. 27 Mistrzostwa Świata Seniorów odbędą się w terminie od 18 do 20 czerwca 2021 roku w Genewie – Szwajcaria.
2. Wiek zawodników podczas obu imprez pozostaje wg kategorii, czyli:
 - a. 11-16 – (2010 – 2005)
 - b. 12-18 – (2009 – 2003)
 - c. 13-19 – (2008 – 2002)
 - d. Senior – (2006 i więcej)
3. Zgodnie z informacją Komitetu Technicznego Akrobatyki Sportowej FIG przepisy techniczne akrobatyki sportowej oraz tabele grup trudności pozostają bez zmian do 2021 r.
4. Wyjaśnienia:
 - a. Piramidy A i B są uważane jako takie same. Piramida B jest wariacją piramidy A.

Piramida A



Piramida B



Piramida A widnieje w tabelach grup trudności na str. 66, kat. 2, linia A, element 9)

Category 2

| | | | | | | | | | | | | |
|---|---|----|----|---|----|----|---|---|----|----|----|----|
| | | | | | | | | | | | | |
| A | | | | | | | | | | | | |
| B | | | | | | | | | | | | |
| C | | | | | | | | | | | | |
| D | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | 2 | 2 | 4 | 8 | 7 | 2 | 2 | 6 | 1 | 11 | 10 | 8 |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | 6 | 12 | 14 | 8 | 10 | 12 | 9 | 9 | 11 | 13 | 2 | 2 |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | | | | | | | |
| | 3 | 2 | 3 | 5 | 6 | 2 | 3 | 2 | 2 | 2 | 3 | 4 |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | | | | | | | |
| | 6 | 6 | 8 | 8 | 5 | | | | | | | |

1 group - difficulty 1 - 8; 2 group - difficulty 9 - 13; 3 group - difficulty 14 - 17; 4 group - difficulty 18

2016

Piramida B jest pokazana jako propozycja wariacji (str. 58)

Static Elements

Static

Women's Group
 How to look for the value of the top.
 In the left column of vertical boxes you have typical middle positions. In all the others boxes you have variations of these middle positions.
 The difficulty of the top in these different positions depends on the value of the left column holds. The value of these holds you can find in the bubbles pg 60-63.

| | | | | | | | | | | | | | |
|--|---|---|---|---|---|---|---|---|---|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Trios may not work on the back of the neck or top on the head.

Acro TC 2016 58

- b. Czy dolne w piramidzie poniżej mogą stać bokiem do siebie?
 W piramidzie trójkowej pozycja: 65/D6, kat. 1 – jest wariacją piramidy z tymi samymi koordynatami.

Static Elements

Category 1

| | | | | | | | | | | | | | |
|------------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| A | | | | | | | | | | | | | |
| | 3 | 3 | 4 | 5 | 6 | 7 | 5 | 2 | 3 | 2 | 2 | 8 | 8 |
| B | | | | | | | | | | | | | |
| | 10 | 8 | 8 | 8 | 13 | 13 | 10 | 12 | 3 | 3 | 15 | 3 | 2 |
| C | | | | | | | | | | | | | |
| | 11 | 12 | 16 | 2 | 5 | 3 | 3 | 3 | 2 | 3 | 4 | 2 | 2 |
| D | | | | | | | | | | | | | |
| | 3 | 4 | 4 | | 10 | 11 | | | | | | | |
| Category 1 | | | | | | | | | | | | | |
| E | | | | | | | | | | | | | |
| | 5 | 7 | 6 | 4 | 11 | | 13 | 14 | 14 | 6 | 10 | 14 | |
| F | | | | | | | | | | | | | |
| | 13 | 12 | 9 | 12 | 16 | 13 | 14 | 12 | 16 | 13 | 3 | 5 | 7 |

1 group - difficulty 1 - 8; 2 group - difficulty 9 - 13; 3 group - difficulty 14 - 17; 4 group - difficulty 18

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